

**Bender Chiropractic Health and Vitality Center**  
**NEW PATIENT INFORMATION FORM**  
Page 1 of 2

Please print clearly:

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Apt.# \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Shipping Address \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

e-mail address: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex: M/F \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Overall health (circle one): Excellent / Good / Fair / Poor / Other: \_\_\_\_\_

Chief complaint (reason you are here): (use separate sheet if more room needed)  
\_\_\_\_\_

Previous treatments for this complaint \_\_\_\_\_

Other complaints or problems: (use separate sheet if needed) \_\_\_\_\_

Current medications/drugs being taken: (use separate sheet if needed) \_\_\_\_\_

Are you currently under the care of a physician or other health care professionals?

(If yes, please give name and date of last visit):  
\_\_\_\_\_

Nutritional supplements you are taking: \_\_\_\_\_

Do you smoke, drink coffee or alcohol? (if yes indicate how much)

Cigarettes \_\_\_\_\_ Coffee \_\_\_\_\_ Alcohol \_\_\_\_\_

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Name: \_\_\_\_\_ Date \_\_\_\_\_

**HISTORY:**

List any major illnesses (with approx. dates): \_\_\_\_\_

List any surgery or operations with approx. date: \_\_\_\_\_

Past Accidents or injuries: \_\_\_\_\_  
=====

Marital Status: S M D W      Name of Spouse \_\_\_\_\_

Describe health of spouse: \_\_\_\_\_ Number of children if any \_\_\_\_\_

Name of Child	Age	Sex	Any physical conditions or concerns?
_____	_____	M/F	_____
_____	_____	M/F	_____
_____	_____	M/F	_____

Any family history of serious illnesses (circle those which apply): Cancer / Diabetes /  
Heart / Other \_\_\_\_\_

Any household pets or other animals you or family members are in close contact with:

What can we do to make you happier? \_\_\_\_\_

SIGNED: \_\_\_\_\_ DATE \_\_\_\_\_

# WELLNESS CHECK QUESTIONNAIRE

Thank you for taking the time to complete the Wellness Check Questionnaire.

YOUR FULL NAME

First Name

Last Name

Please fill out the following questions to the best of your ability.

	Rare / Never	1-3 times a month	1+ times per week / New condition
1. Stomach Discomfort	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Lung Congestion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Dehydrated or thirsty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Gas-type indigestion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Circulation problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Intestinal upsets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Yeast infections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Burping or belching	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Hoarseness or laryngitis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Swollen feet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Fats hard to digest	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Sweat easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. Alcohol intolerance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Constipation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. Cold sores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Nose discharge or dryness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Bladder problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Earaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Restless sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. Abdominal bloating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. Athlete's Foot	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. Mucus in throat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. Sensitivity to touch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. Sensitivity to cold air	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. Grinding of teeth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. Mood swings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. Variable appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. Crave carbohydrates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. Gums bleed easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. Skin rash/irritations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. Urination problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. Finger nail problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. Burning in soles of feet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. Nose itches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. Crave sugar-type foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

36. Feelings of nausea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. Eczema or dry skin	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. Hearing/Ear sensitivities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. Jaw problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. Headaches from the sun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. Loss of libido	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. Film/Coating on tongue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. Allergy-type symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. Anxiety/Nervous feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. Carpal Tunnel symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. Lack of balance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. General flu symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. Arthritic pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. Fatigued and irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. Overly sensitive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. Sensitive scars on body	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. Lack of coordination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. Body achiness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
54. Tooth pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
55. Hay Fever symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
56. Weeping or sobbing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
57. Localized itching	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
58. Acid Reflux symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
59. Sinus/Head pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

60. Muscular pain/spasm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
61. Dizziness or vertigo	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
62. Dry mouth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
63. Stiffness in joints	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
64. Stomach cramping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
65. Sore throat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
66. Overexertion pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
67. Migraines or headaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
68. Voracious appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
69. Strained ligaments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
70. Trouble swallowing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
71. High temperature/fevers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
72. Bone pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
73. Sporadic low back pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
74. Feeling overworked	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. Hemorrhoids	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
76. Heartburn-type pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
77. Ears feel under water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
78. General aches and pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Submit

## Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an "arterial dissection" that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke.

The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, \_\_\_\_\_ of \_\_\_\_\_ attributed to aspirin use is \_\_\_\_\_ risk of death has been estimated as 104 per one million users.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# ***Bender Chiropractic Health & Vitality Center***

## **New Patient Cancellation Policy**

Welcome to Bender Chiropractic Health & Vitality Center! We look forward to serving you on your healthcare journey!

We are reserving about an hour for you to meet with your doctor and our clinical assistant, so short-notice cancellations create a large gap in our schedule where we could be helping other patients.

Because of that, we ask for at least a 24-hour notice if you need to cancel or reschedule your appointment. You can call anytime, just be sure to leave a voicemail with a detailed message if you are calling after hours.

If we don't receive a 24-hour notice, a \$25 cancellation fee will be charged to your credit card on file.

Thank you!

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Signature

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Date

**Section 8: Notice of Privacy Practices Acknowledgement**  
**Initial Uses Authorization Form**  
**Bender Chiropractic Health and Vitality Center**

Effective: 4-15-2003

By signing this form, you acknowledge that you were presented with a copy of the Notice of Privacy Practices of Bender Chiropractic Health and Vitality Center. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. The most current Notice of Privacy Practices will be placed on display in the office at all times. You may obtain additional copies of our most current notice by requesting it from our privacy official, Dr. William L. Bender

Bender Chiropractic Health and Vitality Center also uses protected health information for the following reasons: (you may opt out of this authorization). Marketing; internal referral board, testimonials, pictures on bulletin board, or information unrelated to healthcare and other marketing materials. \_\_\_\_\_ (please initial to give us authorization)

If you have any questions regarding this notice or our health information privacy policies, please contact:

Dr. William L. Bender

You can reach the Privacy Official at: Bender Chiropractic Health and Vitality Center, 33580 Harper Avenue, Clinton Township, MI, 1-586-738-6833

Hours Available: A message may be left for our privacy official any time the clinic is open and your call will be returned within 7 business days.

Your Email address: \_\_\_\_\_ (you may receive PHI through email)

Print Patient Name: \_\_\_\_\_

Signature Patient/Personal Representative: \_\_\_\_\_

Relationship of Personal Representative: \_\_\_\_\_

Date of Signature: \_\_\_\_\_

=====

Staff complete only if NO signature is obtained, If it is not possible to obtain the patient's acknowledgment, describe the good faith efforts made to obtain the individual's acknowledgement, and the reasons why the acknowledgement was not obtained.

Patient refused to sign this acknowledgement even though the patient was asked to do so and the patient was given the Notice of Privacy Practices  
Other:

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Staff Signature: \_\_\_\_\_ date: \_\_\_\_\_