

# ADULT MEMBER HEALTH RECORD

## ABOUT YOU

NAME:	
ADDRESS:	
CITY:	STATE/ZIP CODE:
HOME PHONE:	CELL PHONE:
EMAIL ADDRESS:	
DATE OF BIRTH:	AGE:
SOCIAL SECURITY NUMBER:	GENDER:
MARITAL STATUS:	NUMBER OF CHILDREN:
EMPLOYER NAME:	
EMPLOYER ADDRESS:	
EMPLOYER CITY:	EMPLOYER STATE/ZIP CODE:
WORK PHONE:	POSITION TITLE:
PAYMENT METHOD: <input type="checkbox"/> CASH <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD	

## ABOUT YOUR SPOUSE

SPOUSE NAME:	
SPOUSE EMPLOYER:	
EMPLOYER ADDRESS:	
EMPLOYER CITY:	EMPLOYER STATE/ZIP CODE:
POSITION TITLE:	

## HEALTH HABITS

DO YOU SMOKE?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, how much per day _____
DO YOU DRINK ALCOHOL?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, how much per week _____
DO YOU DRINK COFFEE, TEA, OR SODA		If yes, how much per day _____
DO YOU EXERCISE REGULARLY?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
DO YOU WEAR:		
<input type="checkbox"/> HEEL LIFTS <input type="checkbox"/> SOLE LIFTS <input type="checkbox"/> INNER SOLES <input type="checkbox"/> ARCH SUPPORTS		

## CHIROPRACTIC EXPERIENCE

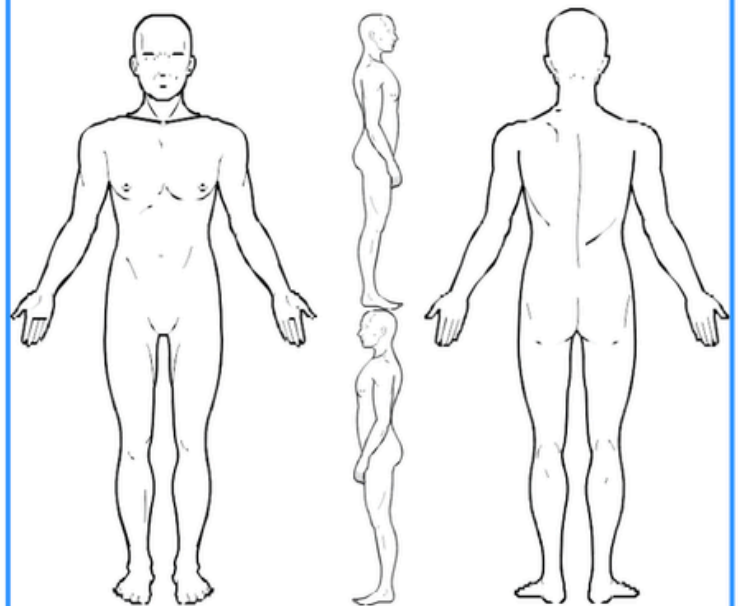
WHO REFERRED YOU TO OUR OFFICE?
HAVE YOU SEEN OR HEARD OF OUR OFFICE BECAUSE OF (✓ ALL THAT APPLY): <input type="checkbox"/> FACEBOOK <input type="checkbox"/> STREET SIGN <input type="checkbox"/> FAMILY <input type="checkbox"/> FRIEND <input type="checkbox"/> COMMUNITY EVENT <input type="checkbox"/> GOOGLE
HAVE YOU BEEN ADJUSTED BY A CHIROPRACTOR BEFORE? <input type="checkbox"/> YES <input type="checkbox"/> NO
IF YES, WHAT WAS THE REASON FOR THOSE VISITS?
DOCTOR'S NAME:
APPROXIMATE DATE OF LAST VISIT:
HAS ANY ADULT IN YOUR FAMILY EVER SEEN A CHIROPRACTOR?

## PROBLEM AREAS

INSTRUCTIONS: Please mark the area and type of pain on drawings using the codes listed below:

N = Numbness  
T = Tingling  
P = Pain

A = Ache  
St = Stiffness  
So = Soreness



**BENDER**  
**CHIROPRACTIC**  
**HEALTH & VITALITY CENTER**  
 INTEGRATING NUTRITION & CHIROPRACTIC CARE  
 ——— HOLISTIC WELLNESS ———

33580 Harper Ave  
 Clinton Township, MI 48035  
 586 – 296 – 6242

## WERE YOU AWARE THAT...

DOCTORS OF CHIROPRACTIC WORK WITH THE NERVOUS SYSTEM?

☐ YES ☐ NO

THE NERVOUS SYSTEM CONTROLS ALL BODILY FUNCTIONS AND SYSTEMS?

☐ YES ☐ NO

CHIROPRACTIC IS THE LARGEST NATURAL HEALING PROFESSION IN THE WORLD?

☐ YES ☐ NO

## GOALS FOR YOUR CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

- ☐ **Relief care:** Symptomatic relief of pain or discomfort.
- ☐ **Corrective care:** Correcting and relieving the cause of the problem as well as the symptom.
- ☐ **Comprehensive care:** Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care.
- ☐ *I want the Doctor to select the appropriate type of care*

## MEDICATIONS YOU TAKE

- |  |   |
|--|---|
| <input type="checkbox"/> CHOLESTEROL MEDICATIONS | <input type="checkbox"/> BLOOD PRESSURE MEDICINE          |
| <input type="checkbox"/> STIMULANTS              | <input type="checkbox"/> BLOOD THINNERS                   |
| <input type="checkbox"/> TRANQUILIZERS           | <input type="checkbox"/> PAIN KILLERS (INCLUDING ASPIRIN) |
| <input type="checkbox"/> MUSCLE RELAXERS         | <input type="checkbox"/> OTHER:                           |
| <input type="checkbox"/> INSULIN                 | <input type="checkbox"/> OTHER:                           |
| <input type="checkbox"/> VITAMINS & SUPPLEMENTS: |   |

## YOUR CONCERNS

**INSTRUCTIONS:** Please circle the health concerns or conditions you may be experiencing now or have in the past. Each area of concern relates to an area of the spine and nerve function.

Sore Throat  
Stiff Neck  
Radiating Arm Pain  
Hand/Finger Numbness  
Asthma  
Allergies  
High Blood Pressure  
Heart Conditions

C1 Headaches  
C2 Migraines  
C3 Dizziness  
C4 Sinus Problems  
C5 Allergies  
C6 Fatigue  
C7 Head Colds  
T1 Vision Problems  
T2 Difficulty Concentrating  
T3 Hearing Problems

T4 Middle Back Pain  
T5 Congestion  
T6 Difficulty Breathing  
T7 Bronchitis  
T8 Pneumonia  
T9 Gallbladder Conditions  
T10 Stomach Problems  
T11 Ulcers  
T12 Gastritis  
Kidney

L1 Constipation  
L2 Colitis  
L3 Diarrhea  
L4 Gas Pain  
L5 Irritable Bowel  
S Bladder Problems  
A Menstrual Problems  
C Low Back Pain  
R Pain or Numbness in Legs  
A Reproductive Problems  
L

OTHER:

## HEALTH CONDITIONS

**INSTRUCTIONS:** Please check each of the diseases or conditions that you now have or have had in the past. While they may seem unrelated to the purpose of the appointment, they can affect the overall diagnosis, care plan and the possibility of being accepted for care.

<input type="checkbox"/> SEVERE OR FREQUENT HEADACHES	<input type="checkbox"/> THYROID PROBLEMS	<input type="checkbox"/> PAIN IN ARMS/LEGS/HANDS	<input type="checkbox"/> NUMBNESS	FOR WOMEN ONLY:	
<input type="checkbox"/> HEART SURGERY/PACEMAKER	<input type="checkbox"/> SINUS PROBLEMS	<input type="checkbox"/> LOW BLOOD PRESSURE	<input type="checkbox"/> ALLERGIES	ARE YOU PREGNANT?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="checkbox"/> LOWER BACK PROBLEMS	<input type="checkbox"/> HEPATITIS	<input type="checkbox"/> RHEUMATIC FEVER	<input type="checkbox"/> DIABETES	IF YES, WHEN IS YOUR DUE DATE?	
<input type="checkbox"/> DIGESTIVE PROBLEMS	<input type="checkbox"/> DIFFICULTY BREATHING	<input type="checkbox"/> ULCERS/COLITIS	<input type="checkbox"/> SURGERIES:	ARE YOU NURSING?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="checkbox"/> PAIN BETWEEN SHOULDERS	<input type="checkbox"/> KIDNEY PROBLEMS	<input type="checkbox"/> TUBERCULOSIS	<input type="checkbox"/> ASTHMA	ARE YOU TAKING BIRTH CONTROL? <input type="checkbox"/> YES <input type="checkbox"/> NO	
<input type="checkbox"/> CONGENITAL HEART DEFECT	<input type="checkbox"/> HIGH BLOOD PRESSURE	<input type="checkbox"/> ARTHRITIS	<input type="checkbox"/> LOSS OF SLEEP	<b>DO YOU:</b> EXPERIENCE PAINFUL PERIODS? <input type="checkbox"/> YES <input type="checkbox"/> NO	
<input type="checkbox"/> FREQUENT NECK PAIN	<input type="checkbox"/> CHEMOTHERAPY	<input type="checkbox"/> SHINGLES	<input type="checkbox"/> DIZZINESS	HAVE IRREGULAR CYCLES? <input type="checkbox"/> YES <input type="checkbox"/> NO	
				HAVE BREAST IMPLANTS? <input type="checkbox"/> YES <input type="checkbox"/> NO	

## PATIENT CASE HISTORY

CHIEF CONCERNS:

When did this happen?	How did this happen? (circle answer) Job: Filed a workers comp. claim      Yes / No Auto Accident: Filed insurance claim      Yes / No Other: _____	Have you had this condition before?
Is your condition getting: (circle answer)  Better / Worse / Staying the same	Does the pain travel or radiate anywhere?	Severity of pain: 0 (no pain) – 10 (call an ambulance) Pain level when it first happened: _____ Today's pain level: _____ Pain level at best: _____ at worst: _____
When do you have your pain? Is it worse during certain times of day?	Does this condition interfere with any activities of daily living? (sleeping, bathing, dressing, taking care of yourself) <input type="checkbox"/> No <input type="checkbox"/> Yes: _____	What makes it feel worse?
What makes it feel better?	Is there anything you want to do but can't or are limited doing because of this condition? (sports, travel, hobbies, etc.)	What have you done for this condition so far?

### CIRCLE ANY OF THE FOLLOWING SYMPTOMS (INCLUDING REPEAT ANSWERS)

<u>NEUROLOGICAL</u> Numbness / Tingling / Weakness Coldness / Color Change Headaches / Dizziness Pain upon Coughing, Sneezing, or Straining Loss of Bowel or Bladder Control	<u>INFECTION</u> Fever / Chills / Fatigue / Sweating Anorexia	<u>NEOPLASTIC</u> Night Pain Night Sweats Unexpected Weight Loss Deep Boring Bone Pain
<u>METABOLIC</u> Increased: Thirst / Hunger / Urination Temperature Intolerance Unexpected Weight Changes	<u>GENITOURINARY</u> Increased Frequency of Urination Hesitation before Urination Abnormal Urine Color Changes	<u>CARDIAC</u> Shortness of Breath / Chest Pain Rapid Heart Rate / Swollen Ankles
<u>PULMONARY</u> Trouble Breathing Coughing	<u>GASTROINTESTINAL</u> Nausea / Vomiting / Gas Diarrhea / Constipation / Bloating	

**Prior Injuries/Illnesses, Hospitalizations/ER, Surgeries, Traumas, Any Other Health Conditions:**

**Family Health History:**

**Other:**



**Section 8: Notice of Privacy Practices Acknowledgement**  
**Initial Uses Authorization Form**  
**Bender Chiropractic Health and Vitality Center**

Effective: 4-15-2003

By signing this form, you acknowledge that you were presented with a copy of the Notice of Privacy Practices of Bender Chiropractic Health and Vitality Center. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. The most current Notice of Privacy Practices will be placed on display in the office at all times. You may obtain additional copies of our most current notice by requesting it from our privacy official, Dr. William L. Bender

Bender Chiropractic Health and Vitality Center also uses protected health information for the following reasons: (you may opt out of this authorization). Marketing; internal referral board, testimonials, pictures on bulletin board, or information unrelated to healthcare and other marketing materials. \_\_\_\_\_ (please initial to give us authorization)

If you have any questions regarding this notice or our health information privacy policies, please contact:

Dr. William L. Bender

You can reach the Privacy Official at: Bender Chiropractic Health and Vitality Center, 33580 Harper Avenue, Clinton Township, MI, 1-586-738-6833

Hours Available: A message may be left for our privacy official any time the clinic is open and your call will be returned within 7 business days.

Your Email address: \_\_\_\_\_ (you may receive PHI through email)

Print Patient Name: \_\_\_\_\_

Signature Patient/Personal Representative: \_\_\_\_\_

Relationship of Personal Representative: \_\_\_\_\_

Date of Signature: \_\_\_\_\_

=====

Staff complete only if NO signature is obtained, If it is not possible to obtain the patient's acknowledgment, describe the good faith efforts made to obtain the individual's acknowledgement, and the reasons why the acknowledgement was not obtained.

Patient refused to sign this acknowledgement even though the patient was asked to do so and the patient was given the Notice of Privacy Practices  
Other:

\_\_\_\_\_

Staff Signature: \_\_\_\_\_ date: \_\_\_\_\_

## New Patient Cancellation Policy Script

### Scheduling and 1st email

**After you have scheduled the new patient's appointment (with address), say:**

"OK, great! Now to reserve your spot, we need to get a credit card on file. We won't charge the card now; we just ask for at least 24 hours' notice if you need to cancel or reschedule. If we don't receive that notice, a \$25 cancellation fee will be charged to the card. But when you reschedule, that amount will be applied to your new patient appointment.

After we wrap up, I'll email you all the details, including our cancellation policy."

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**If the patient asks why there's a cancellation fee or voices concern or pushback:**

- "We reserve about an hour for you with our doctor and clinical assistant, so short-notice cancellations create a huge gap in our schedule where we can't help other patients."
- "Many offices require payment upfront nowadays, but we only charge the card if we don't get a 24 hour notice."

**If the patient asks about emergencies**

"If there's an emergency, just call us as soon as you can. We're usually able to waive the fee in true emergency situations."

**If the patient is uncomfortable providing CC info over the phone:**

"I understand your concern but just so you know, our system is completely protected to safeguard your information. So would you be ok with sharing that number?"

OR

"We can't run your card without your permission."

**If they still don't feel comfortable giving the CC info:**

"Ok, I'll go ahead and make an exception because I want you to get the help you need."

### Email cancellation notice

We ask for at least 24 hours' notice if you need to cancel or reschedule your new patient appointment. If we don't receive that notice, a \$25 cancellation fee will be charged to the card on file.